



Gia Brainerd, PhD

A HYPNOTIST'S SECRETS TO CREATING CHARISMA GIA BRAINERD, PHD

Anyone desiring to be immediately recognized as an exciting and charismatic individual —in either a professional or personal setting— will find the keys to the kingdom in this guide to understanding natural charisma and cultivating personal power.

Dr. Gia Brainerd's *A Hypnotist's Secrets to Creating Charisma* is a life-changing book. From the most basic definition of charisma to the complexities of empowering yourself by identifying who you are and how you fit into this world, Brainerd has delivered a straightforward and easy-to-follow guide based on her years of experience as a clinical hypnotherapist working primarily in the entertainment industry. According to Shelley Stockwell-Nicholas, PhD, President of the International Hypnosis Federation, Dr. Brainerd has created "a jewel

of a book that makes YOU enchanting," a book in which you can "tap into your innate wisdom and master energy and your mind to become a MASTERMIND." The author focuses on the aspects of charisma, as well as those characteristics that set you apart as an alluring and magnetic individual. From the physiology of charisma to the use of language, from values to self-hypnosis and meditation techniques, Brainerd has created a valuable and highly relevant book.

AUTHOR BIO

Dr. Gia Brainerd has been studying mind technologies, including psychology, meditation, Huna, hypnosis, NLP (Neuro-Linguistic Programming) and energy medicine for 35 years. She earned her PhD in clinical hypnotherapy from American Pacific University and is a member of The American Board of Hypnotherapy and The International Hypnosis Federation. She works with many clients in the entertainment industry and lives in Los Angeles.

A Hypnotist's Secrets to Creating Charisma

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